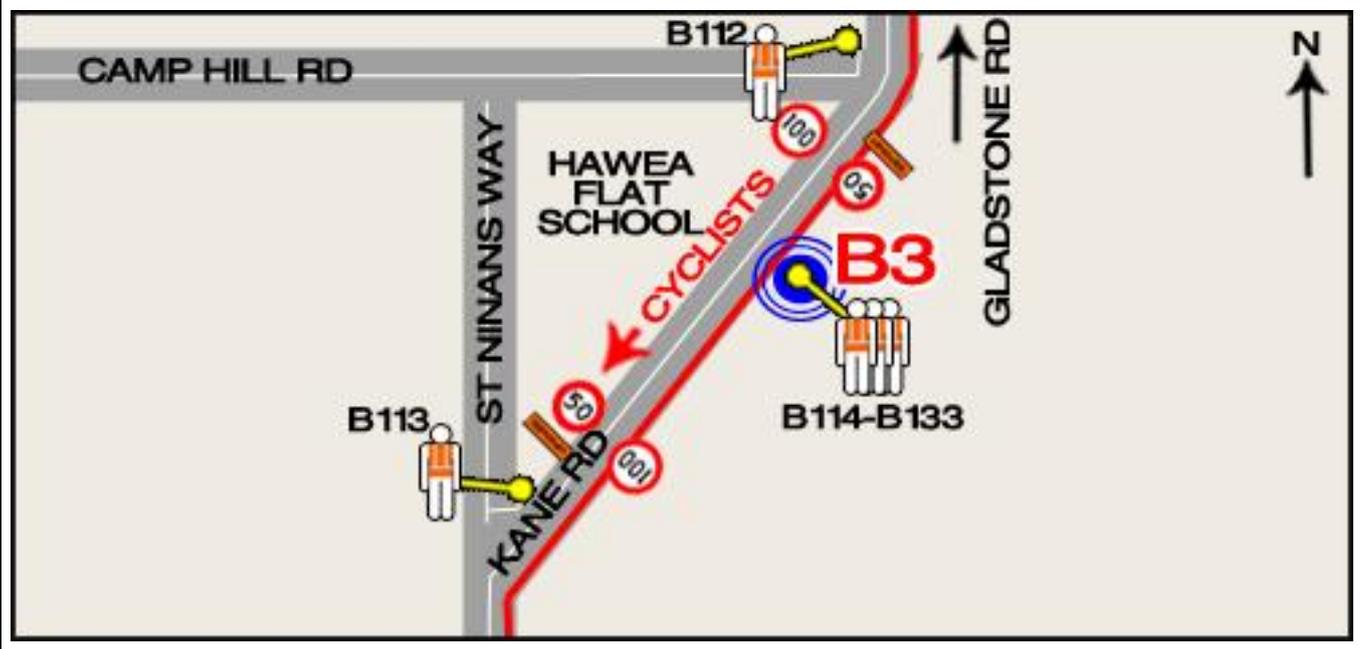


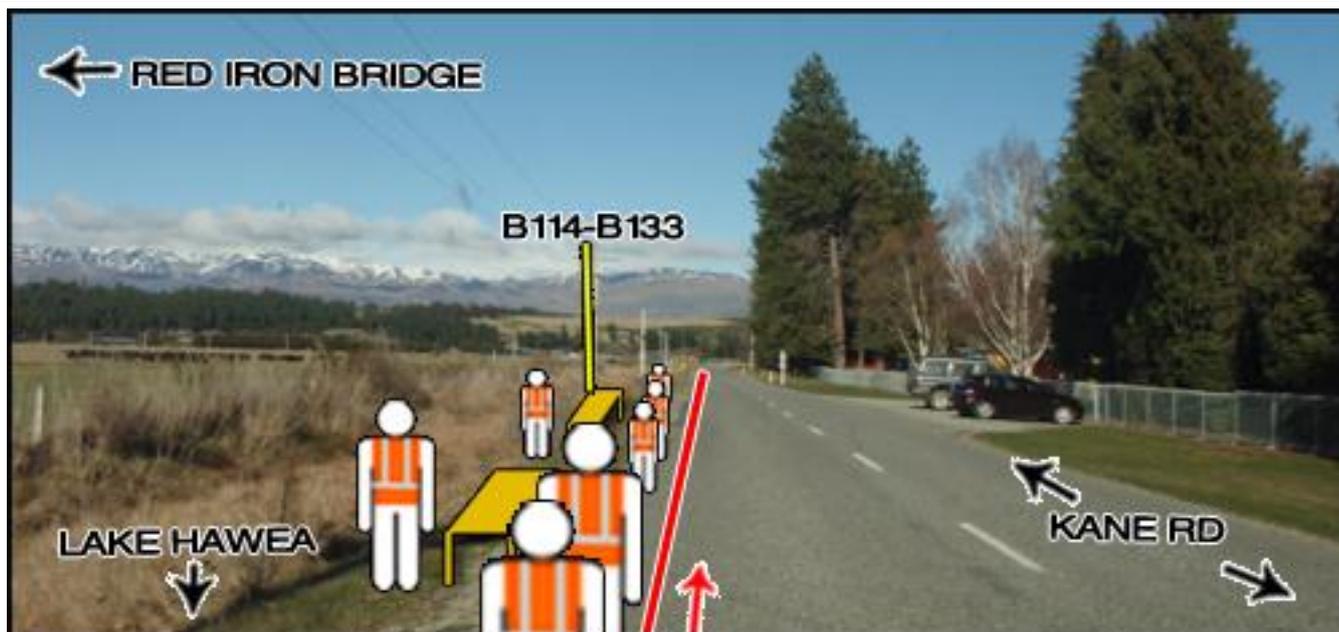
Volunteer Marshal notes - role: B132

TITLE OF POSITION	BIKE LEG - Bike Aid Station Marshal, B3 Aid Station - Handing Drinks to riders	JOB# B132
REPORTS TO	Bike leg Director	Note for role:
TIME ON SITE	8:00:00 AM to 1:30:00 PM, 21-Jan-2012	
LOCATION	Kane Rd, by Hawea Flat School, Hawea Flat	

LOCATION MAP



SITE PHOTOS / IMAGES



JOB DESCRIPTION

To work as a team with the other volunteers in co-ordinating the provision to athletes of nutrition as they pass by the aid station. This can be either liquid (water or electrolyte drink) or food (gels, bars, bananas or other fruit).

When handing out nutrition on the bike, it is much easier for the athletes to successfully receive it if you run with them.

Please ensure that you stay at the road edge (ie don't cross the white line at the road edge) when attempting to hand off nutrition - if the cyclist is wanting nutrition they will move towards the road edge

You are working on the edge of live traffic lanes - please be fully aware of vehicles that are likely to be going through your aid station as well

Be vocal and positive with your communications to cyclists - let them know what you have / determine what they want and whether you can supply it or someone else at this aid station can help them

Keep eye contact with the cyclists as they come through to collect from you

You may talk to the competitors and make sure they're OK – giving them your support, the louder the better(!) gives them a huge boost. However, please note that no outside assistance is allowed so helping an athlete outside of your job description eg helping them mend a puncture, will result in their disqualification.

It is important that you do not obstruct the athletes at any time.

KEY RESPONSIBILITIES

- Please wear the provided hi-vis vest at all times
 - Set up the aid station as per the briefing – all gear will be delivered to the site prior to your arrival
 - To prepare and provide food and drink to the athletes
 - To maintain a clean and tidy aid station area, including responsibility for collecting all rubbish relating to the aid station. Check for rubbish both before and after the aid station.
 - Wash drink bottles as they are dropped by athletes and refill. Make sure all drink bottles are filled to the top
 - Make sure there is always sufficient nutrition prepared but not to excess so as to avoid unnecessary wastage
 - At end of shift, please put all rubbish in provided bags, empty all drink bottles including those discarded by athletes and put in bags/boxes and empty all 20 litre containers and leave in tidy pile for collection crew to pick up
- Ensure that when you arrive that you park your vehicle in a location that is off the road, away from where you will be working and the cyclist will be coming through (look for side roads / gravel areas off the road / grass verges on the otherside of the road from the cyclist flow)

EMERGENCY PROCEDURES
Please refer to your emergency procedures hand out in your pack and ensure you are familiar with them

For any questions or problems, please contact your appropriate section director

Thank you very much for your support and for making the Challenge Wanaka Triathlon Festival such a success – you are the heart and soul of the event and we couldn't do it without you