

Volunteer Marshal notes - role: R32

TITLE OF RUN LEG - Run Aid Station Radio Marshal,

POSITION R1 Aid Station - Manning radio and giving reports

JOB# R32

REPORTS TO run leg Director Note for role:

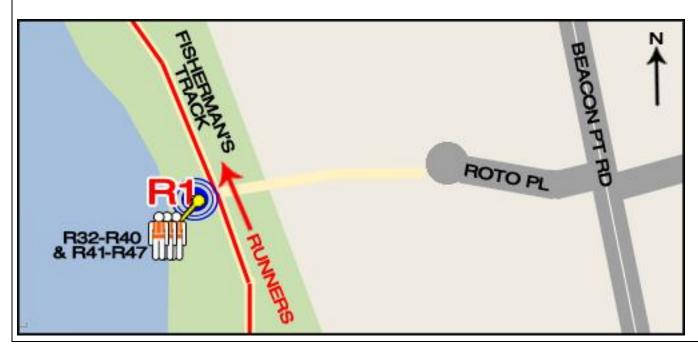
TIME ON SITE 9:30:00 AM to 3:00:00 PM, 21-Jan-2012

LOCATION at intersection of Fisherman's track, and track down from Roto PI

(approx 3.3k into run lap), Wanaka

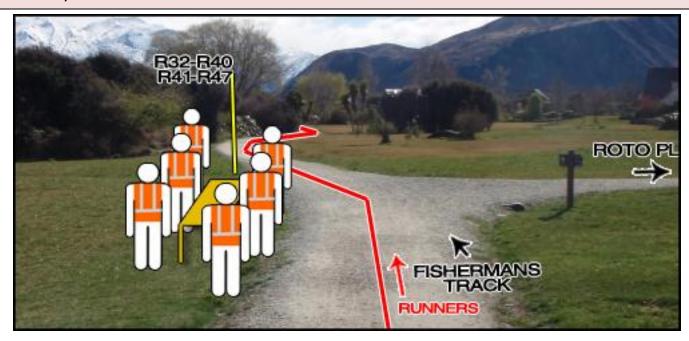
LOCATION MAP





Job: R32 (cont)

SITE PHOTOS / IMAGES



JOB DESCRIPTION

To oversee the smooth running of your allocated aid station and provide the comms manager with regular updates on athletes progress around the course.

Please refer to the radio protocol section of your volunteer manual for information on radio use.

To work as a team with the other volunteers in co-ordinating the provision to athletes of nutrition as they pass by the aid station. This can be either liquid (water or electrolyte drink) or food (gels, bars, bananas or other fruit).

On the run leg, walk with the runners with the nutrition, again to make it easier to get without stopping. Call out to the athletes what it is you have eg water, High5 (electrolyte), banana, bar etc. Make sure you are standing in the order of the aid station layout supplied.

You may talk to the competitors and make sure they're OK – giving them your support, the louder the better(!) gives them a huge boost. However, please note that no outside assistance is allowed so helping an athlete outside of your job description eg helping them mend a puncture, will result in their disqualification.

It is important that you do not obstruct the athletes at any time.

KEY RESPONSIBILITIES

- Please wear the provided hi-vis vest at all times
- Set up the aid station as per the briefing all gear will be delivered to the site prior to your arrival
- To prepare and provide food and drink to the athletes
- To maintain a clean and tidy aid station area, including responsibility for collecting all rubbish relating to the aid station. Check for rubbish both before and after the aid station.
- • Paper cups (on run course) should be filled half to two thirds full to prevent spillage
- Make sure there is always sufficient nutrition prepared but not to excess so as to avoid unnecessary wastage
- At end of shift, please put all rubbish in provided bags, empty all drink bottles including those discarded by athletes and put in bags/boxes and empty all 20 litre containers and leave in tidy pile for collection crew to pick up Ensure that when you arrive that you park you vehicle in a location that does not interfer with the runners flow around the course please park away from where you will be working and the runner will be coming through (look for side roads / gravel areas off the road / grass verges on the otherside of the road from the runners path)

EMERGENCY PROCEDURES

Job: R32 (cont)

Please refer to your emergency procedures hand out in your pack and ensure you are familiar with them

For any questions or problems, please contact your appropriate section director

Thank you very much for your support and for making the Challenge Wanaka Triathlon Festival such a success – you are the heart and soul of the event and we couldn't do it without you

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